



Mount Vernon Canyon

CLUB

June at your CLUB

building community, creating memories.

A message from the General Manager

Dear Mount Vernon Canyon Club Members,

June is here, and with it comes the energy and excitement of summer at the Club. We are thrilled to welcome you back to the pool, the patio, the courts, and a full season of connection, celebration, and sunshine!

Around the pool, we have made several updates to get things ready for you including a fresh coat of paint, traffic coating on the the dining and deck areas, new equipment for the Overlook bar, and replacing worn out chairs and umbrellas. In addition, the showers in the women's locker room received an update after fixing the leak that popped up at the end of last summer. However, what I am particularly excited about is our programming including our new inflatable obstacle course, the Wibit. It is a fun, floating challenge that we will set up on Tuesday nights and for special occasions. Whether you are a kid or simply a kid at heart, we hope you will give it a try. Swim-In Cinema is scheduled to return all summer long with the first movie planned for May 30th.

As always, June is filled with great events. First Friday Music kicks off in the Fireside Lounge on June 6th with Jon and Jerrett. Their music includes country and classic rock! On June 13th, we will finally host our long-awaited Spring Concert featuring Tunisia—an evening of fantastic food, dancing, and great music.

Then, on June 21st, we will launch our Summer Concert Series with Alyssa Medina & Friends. If you'd like to enjoy lunch on the Main Dining Room Deck during the show, be sure to make a reservation. Aquatics access Members can enjoy the music by the pool without needing a reservation.

We are also excited about our June theme dinner— this month it is street foods from around the world on the 25th— and our elevated Father's Day Brunch on June 15th. Later in the month, do not miss our Sunday Brunch on the 29th; it is a perfect way to wrap up a weekend.

If you have not already, it is a wonderful time to explore our Summer Experience Program for youth. It is more than just childcare—it is a full summer of swim lessons, racquet sports, and themed weekly activities that create lasting memories.

There are several other ways to stay active and engaged this month—weekly yoga, swim classes, dance lessons, writing seminars, and racquet sports for every level.

Whether you are here for a peaceful evening on the deck, a lively family day at the pool, or to try a new experience, we are so glad to have you with us. Here's to a fantastic June at Mount Vernon

See you at the Club,

Ryan Wolf

JUNE 2025

Added Experiences for Upcoming Months:

July

- 4th of July at Racquets
- 4th of July at the Pool
- Summer Concert Series
- Brunch
- Tap Takeover
- Theme Dinner
- Wine Dinner

August

- Throwback to the 80s Gala
- Cooking Classes
- Theme Dinner: Luau
- Sunday Brunches

Call to make reservations today
303.526.0616

WHAT'S HAPPENING

around your Club

Call the Front Desk for Reservations 303.526.0616

This Month's DINING

Weekly Dining Options

Wednesday - Saturday | À La Carte Menu*

Thursday | Burger Night*

Saturday | Prime Rib & Seafood Night*

Wednesday - Friday | Happy Hour Drinks and Appetizers 5 - 7 pm*

Sunday - Saturday | Overlook Grill +

For dates and details, see the [Club Calendar](#)

** Except for closures & evenings with special Club events.*

+ May close due to inclement weather; Hours 11 am - 6:30 pm

No a la carte 6/13

Father's Day Brunch

Sunday, June 15th | 10 - 2 pm

Join us for a delicious Father's Day Brunch to celebrate all of the fathers and father figures in your life! This elevated brunch will make it a Father's Day to remember!

Summer Concert Series & Lunch: Alyssa Medina & Friends

Saturday, June 21st | 12 - 4 pm

Enjoy a delicious lunch at Mount Vernon Canyon Club on the Main Dining Room Deck while listening to the incredible musical talents of Alyssa Medina and Friends. Their band will captivate audiences with classic rock, funk, soul, blues, and more.

Theme Dinner: Street Foods

Wednesday, June 25th | 5 - 8 pm

Try street foods from around the world at our June theme dinner!

Sunday Brunch

Sunday, June 29th | 10 am - 2 pm

Enjoy an unforgettable brunch experience at your Club! We will be offering drinks from our new drink menu and delicious eats all, while taking in our Main Dining Room view!

CLUB EVENTS

Friday Night Live Music

Friday, June 6th | 5 - 8 pm

The first Friday of the month features live music in the Fireside Lounge. June's featured artists are Jon and Jerrett. Their music includes country, and classic rock!

New Date! Tunisia Concert & Dinner

Friday, June 13th | 5:30 - 9 pm

Our much anticipated Spring Concert is finally here! Fronted by the exceptional vocal talents of Stephen Wilburn, Yvonne Brown, and Orlando Poole, Tunisia is supported by a worldclass saxophonist and a formidable rhythm section.

SPOTLIGHT EVENT

MVCC's Throwback to the 80s Gala!

Saturday, August 2nd | 6 - 9 pm

Join us as we take our DeLorean back in time to everyone's favorite decade! That Eighties Band will perform all of your 80s favorites! We will also have live game shows to participate in, a Richard Simmons impersonator, food and drink specials, a game room, and more!



CLUB EVENTS: A RECAP



From our first ever cocktail making class, and Easter, to Dinko de Mayo, and an unforgettable Mother's Day; we have had a wonderful start to the New Year!

WHAT'S HAPPENING

around your Club

Megan Whitehill | mwhitehill@mountvernoncc.com

WELLNESS & FITNESS

Summer is Here!

Let us help you reach your fitness goals. Try one of our amazing classes, ballroom dancing, or opt in to our Fitness Add-On to have unlimited access to our weight room! There are so many fun ways to stay fit at Mount Vernon!

Ballroom and Social Dance Classes with Gabriel

Mondays 7:15 & 8 pm

Learn ballroom, country western and Latin dancing from award winning instructor Gabriel Wilson.

To register, please contact Gabriel at 303/579-5312 or gabriel@gpwwilson.com

Aqua Fit

Mondays, Wednesdays, Fridays | 9 - 9:55 am

Available for aquatics access Members only

Weekly Fitness Classes | 55 Minutes

COMPLIMENTARY for Sports and Fitness Add-On

Members. Please register on the Wellness and Fitness calendar

Canyon Energy Yoga

Mondays & Thursdays | 5:30 pm

Core Fusion

Tuesdays | 9 am

Flow & Stretch Yoga

Saturdays | 9 am

Weight Room

Open from 5 am - 10 pm

Access is reserved for Sports and Fitness add-on Members only.

Children 15 and under are not allowed in the Weight Room.

AQUATICS

Dive Into Summer Fun with Our Swim-In Cinema Series!

Join us for an unforgettable summer experience with our Swim-In Cinema events! Bring your friends, family, and favorite pool floats to enjoy blockbuster movies under the stars—all from the comfort of our pool.

Save the dates below!

May 30: Space Jam (PG) – 8:35 PM

June 13: The Super Mario Bros. Movie – 8:40 PM | **June 27:** Surf's Up (PG) – 8:45 PM

July 11: The Waterboy (PG-13) – 8:45 PM | **July 25:** The Sandlot (PG) – 8:45 PM

August 8: A Goofy Movie (PG) – 8:45 PM | **August 22:** Shrek (PG) – 8:45 PM |

September 5: The Princess Bride (PG) – 8:45 PM

In the event of inclement weather, the movie night will be canceled and will not be rescheduled. For the latest updates and information, please visit our website

One-Day Writing Seminars

Hungry for literary inspiration? Working on a memoir, novel, essay, or poetry? Join Page Lambert's monthly seminars at Mount Vernon Canyon Club. These one-day workshops include morning coffee and tea, afternoon beverages, delicious catered luncheons on Saturdays, or Sunday's scrumptious brunch. Share your work and receive constructive feedback from other writers guided by Page's professional expertise. Page has designed graduate-level writing courses and been teaching the literary arts for nearly 30 years. Expand your literary vision at Mount Vernon!

Registration is open for the 2025 Seminar Series. <https://pagelambert.com/seminars/>

Contact our Events Team today!
**THINKING ABOUT A
GRADUATION PARTY OR
WEDDING?**



Private Swim LESSONS



\$53
PER
LESSON*

UP TO 45 MINUTE LESSONS
INTIMATE SETTING
EXPERIENCED INSTRUCTORS
FASTER RESULTS



Mount Vernon Canyon

CLUB

24933 Clubhouse Circle
Golden, CO 80401
303.526.0616

RACQUET SPORTS

Register on the Racquets Calendar or Email Travis

Travis Ervick | 303.526.4173

Director of Racquets | travis@mountvernoncc.com

ADULT TENNIS

Socials & Events

10 am - 2 pm

- Memorial Day **May 26th**
- Rolland Garros Finals **June 8th**
- Volk Demo Day **June 27th**
4 - 6 pm
- 4th of July **July 4th**
- Club Championship Singles **July 11th - 13th**
- Strawberries & Cream Social **July 13th**
- Club Championship Doubles **August 8th - 10th**
- Labor Day **September 1st**

Weekly Drills

start the week of 5/19

- Tuesday Night Drill & Play Under the Lights **6-8pm**
- Wednesday Daytime Doubles **10am-12pm**
- Friday Afternoon Club **4-6pm**
- Saturday Cardio Tennis **8-9am**
- Super Saturdays Coed 2.5-3.0 **9-11am**
- Super Saturdays 3.5 plus coed **11am-1pm**
- Saturday All Levels Drop In **10:30am-12pm**

USTA Tournaments

Men's and Women's 2.5 the weekend of June 14th
Men's and Women's 3.0 the weekend of June 28th
Men's and Women's 3.5 the weekend of July 19th
Men's and Women's 4.0 the weekend of August 3rd

ADULT PICKLEBALL

Socials & Events

10 am - 2 pm

- Dinko de Mayo **May 3rd**
- Memorial Day **May 26th**
- 4th of July **July 4th**
- Selkirk/Onix Demo Day **June 27th**
- BALANCE Scholarship Fundraiser **August 23rd**
- Club Championship **July 18th - 19th**

Weekly Drills

start the week of 5/19

- Thursday Play with a Pro **4:30-5:30pm**
Coach Brandon
- Friday Play with a Pro **3-4pm**
Coach Brandon
- Friday Afternoon Club **5-7pm**
- Saturday Play with a Pro **9:30-10:30 am**
Coach Brandon
- Saturday All Levels Drop In **10:30am-12pm**
4 week skill rotation

Drop In Schedule

All levels Drop In Mondays 9 - 11 am
Advanced Level Drop In Mondays, Wednesdays 5 - 7 pm
Ladies Day Wednesdays 9 - 11 am
All Levels Saturday 12 - 2 pm

Leagues

Starting week of 5/26

Lower League Tuesday Evenings 5:30 - 7:30 pm Levels 2.0-3.49
Upper League Thursday Evenings 5:30 - 7:30 pm Levels 3.5-4.49

JUNIOR TENNIS JUNIOR PICKLEBALL

Hot Shots

Ages 3 - 8

**Mondays -
Fridays**

May 26th -
August 11th

10:30 - 11:30 am*

*Ages 3-5 will go for 45 minutes, and ages 5-8 will go for the full 60 minutes

Pre Tournament Development

Ages 9 - 13

**Mondays -
Thursdays**

May 26th -
August 11th

11:15 am - 12:30 pm

Weekday High School High Performance

Ages 13+

**Tuesdays &
Thursdays**

May 26th -
August 11th

10:30 am - 12pm

High School JV/Beginner Development

Ages 13+

**Mondays
Wednesdays
Fridays**

May 26th -
August 11th

10:30 am - 12pm

Junior Pickleball Development

Ages 8+

**Tuesdays &
Thursdays**

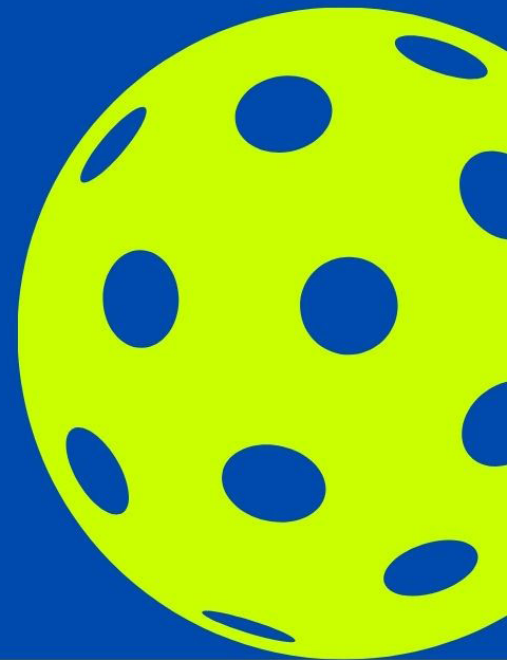
June 1st -
August 17th

4:15 - 5:15 pm

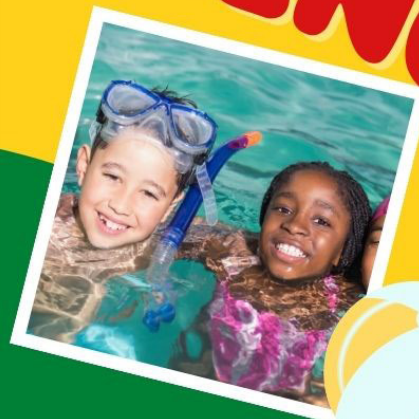
Junior pickleball development is the perfect after camp care option for parents!

**Family
Pickleball
Learn to Play
Fridays biweekly
start 6/6**

3:30-5pm



SUMMER EXPERIENCE



This summer, your kids will enjoy screen-free time spent outdoors with themed weekly activities, swimming, racquets, choice activities, and optional Friday field trips!

Weekly Programs

27-29 May **week 1**

Candy Factory
+Hammonds Tour

2-5 June **week 2**

Design, Build, Challenge
+Urban Air

9-12 June **week 3**

Dirt Lab
+Butterfly Pavilion

16-19 June **week 4**

Improv
+WhatIF Theater

23-26 June **week 5**

Screen Printing
+Bear Creek Lake Park

30-3 June/ July **week 7**

Stars & Stripes

7-10 July **week 8**

Creative Crafting
+Skate City

14-17 July **week 9**

Pinball
+Water World

21-24 July **week 10**

Mystery at Summer Camp
+Boondocks

28-31 July **week 11**

Crazy Carnival
+Trapeze @Fly Mile High

4-7 August **week 12**

Amazing Animals
+Farm Visit

11-14 August **week 13**

Color Wars
+Slick City

Ages

5.5-12

Admission

\$312

Time

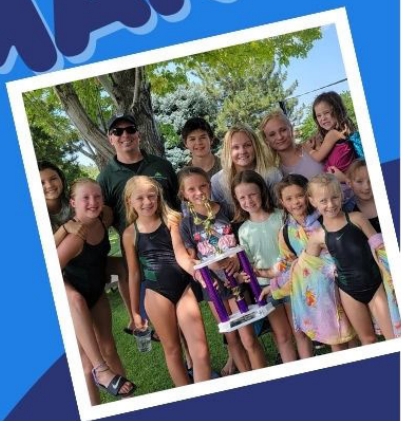
Mon-Thurs⁺

+Optional Friday Fieldtrip!
\$115 each

To Register

email: mwhitehill@mountvernoncc.com
or call 303.526.3107

MAKOS SWIM TEAM



Makos is perfect for kids aged 5 – 18 who are looking to have a fun summer, make new friends, and improve their swimming with incredible coaches who have over 50 years of experience!

No need to know all of the swim strokes, that is what we are here for!

Practices

7:30 – 9 am

11 & Older

Monday – Thursday

9 – 10 am

10 & Under

Monday – Thursday

7:30 – 8:30 am

10 & Under
Summer
Experience

Monday – Thursday

6 – 7 pm

All Ages

Monday & Wednesday

Swim Meets

May 31st

@ Red Rocks CC

June 6th

Columbine CC

June 13th

@ The Pinery CC

June 20th

@ Cherry Hills CC

Team Breakfast

MVCC

June 25th

Team Breakfast

June 27th

Rolling Hills CC

July 2nd

@ The Village Club

July 8th

MVCC
Division I B League

July 11th

League A

July 16th

Team Banquet

July 18th

All-Star Meet

Ages

4-18

Admission

\$310*

*1st swimmer, \$25 off each additional swimmer in the same family

To Register

email: swimteam@mountvernoncc.com

WELLNESS & FITNESS



Monday

Aqua Fit*

9 -10 am

Canyon Energy Yoga

5:30 pm

Tuesday

Core Fusion

9 am

Wednesday

Aqua Fit*

9 -10 am

Thursday

Canyon Energy Yoga

5:30 pm

Friday

Aqua Fit*

9 -10 am

Saturday

Flow & Stretch Yoga

9 am

Canyon Energy Yoga

This class is centered around finding a balance of our inner strength and fire combined with our subtle and soft body awareness.

Core Fusion

Core Fusion is a fun class recommended for men and women ages 50+ who want a low-impact workout focusing on strength, balance and flexibility.

Flow & Stretch

Students achieve and maintain an active lifestyle by cultivating flexibility, strength, and balance.

Aqua Fit **for Aquatics access Members only*

Enjoy a combination of strength and low-impact cardio workouts in the water. Burn calories, tone and stretch!

To add Fitness to your Membership
Contact the Membership Department